

Sometimes it's easy
to see what can
hurt your kids...



But sometimes it's not.



Tobacco smoke stays
around in your clothes,
house and car long
after you put out
the cigarette.

Quit smoking today.



Keep your home and
car smoke-free at
all times.

Talk to your child's
doctor or nurse for help.

Call the quitline or visit
www.ceasetobacco.org
for more help.

CEASE

1-800-QUIT-NOW
1-800-784-8669
www.ceasetobacco.org

