

# Tennessee Chapter

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



## BeHiP: Behavioral Health In Pediatrics

### What is BeHiP?

The Tennessee Chapter of the American Academy of Pediatrics has partnered with BlueCare to develop the Behavioral Healthcare in Pediatrics (BeHiP) training program. BeHiP training provides pediatric healthcare providers with tools and strategies to screen for, assess, and manage patients with emotional, behavioral and substance abuse concerns. It also encompasses strategies to provide for more efficient workflow (including information on coding), more effective care, and improved family and physician relationships.

### What is the purpose of the BeHiP program?

- Apply principles of systems-based practice to behavioral health disorders in the primary care pediatric setting
- Demonstrate ways to screen, assess and treat behavioral health concerns
- Develop primary care office-based protocols to improve communication and collaboration with the behavioral health system of care.

**Office-Based Training:** TNAPP BeHiP faculty are available to present a 3 hour virtual or in-person office-based training to pediatric medical providers and their staff, covering a variety of behavioral health topics and tailored to the needs of the practice. Potential topics include toxic stress, ACEs, trauma-informed care, screening tools, office-based interventions, navigating the Department of Children's Services system, psycho-pharmacology, coding and workflow, and more! Trainings are scheduled when it's convenient for you and are provided at no cost.

**Online Training Modules:** The Tennessee Chapter of the American Academy of Pediatrics presents the Behavioral Health in Pediatrics (BeHiP) online training modules which provide pediatric healthcare providers with tools and strategies to screen for, assess, and manage patients with emotional, behavioral and or substance abuse concerns. All of the online training modules, including CME credit, are available for FREE. <https://www.tnaap.org/programs/behip/online-training-modules>

**Part I and Part II Course Contents:** Part I modules involves a child with behavioral health or substance abuse concerns and each case has a corresponding screening tool for participants to review. The participants work through the screening tool to become familiar with the tool and calculate a score. In Part II participants will focus on understanding adverse childhood experiences (ACEs) and their impact upon chronic disease and mental health conditions; learn about the Department of Children's Services; focus on appropriate psychopharmacology for pediatric behavioral health conditions; and learn about motivational interviewing techniques.

**Schedule your FREE BeHiP In-Office Training Today!**

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BlueCare Tennessee and BlueCare are Independent Licensees of the BlueCross BlueShield Association.

## BeHiP Foster Care Medical Home & Learning Collaborative:

Since 2016, TNAAP, in partnership with Tennessee's Centers of Excellence for Children in State Custody (COE) and with the support of BlueCare TN, has led the BeHiP Foster Care Learning Collaborative. This collaborative consists of participating BlueCare Best Practice Network Providers, COE psychiatrists and psychologists, Department of Children's Services nurses and staff, BeHiP staff, and community behavioral health providers. This group meets monthly through a virtual conference call and uses case-based learning to discuss the care of children who present with behavioral health issues and who are currently in foster care. The collaborative is currently enrolling pediatric medical providers in Northeast and East Tennessee. Enrolled providers attend an intensive behavioral health training prior to joining the learning collaborative calls and learn from each other's management of children with complicated behavioral health concerns in a consultative model with the COE. Over time, enrolled providers develop more confidence in their ability to care for these more complicated behavioral health patients and are able to apply their new skills to their general pediatric population, as well. As a result, enrolled clinics have become a medical home for children in foster care, providing timely and comprehensive services to this population, including care coordination and medical management of their behavioral health conditions that is no longer wholly dependent upon the availability of child and adolescent psychiatrists. Please reach out to enroll today!

## Earn MOC Part IV Credit with BeHiP and The Pediatric Health Care Improvement Initiative!

### Requirements

- Participate in a BeHiP in office training.
- Attend Quality Improvement Training
- Develop practice QI team
- Use 'Model for Improvement' for a minimum of 3 PDSA cycles
- Review chart review reports for minimum of 4 data cycles
- Engage with the QI team and stay informed of process improvements
- Remain up-to-date regarding content of monthly calls with PHiT
- Contribute to the annual learning collaborative



## Have questions? Want to schedule a training?

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### MOC Part IV!

All projects offer MOC Part IV  
Credit with the American Board of  
Pediatrics and  
Quality Improvement Credit with  
the American Board of Family  
Medicine

**Visit the Tennessee AAP website at [www.tnaap.org](http://www.tnaap.org)!**