



BeHiP: Behavioral Health In Pediatrics

What is BeHiP?

The Tennessee Chapter of the American Academy of Pediatrics has partnered with BlueCare to develop the Behavioral Healthcare in Pediatrics (BeHiP) training program. BeHiP training provides pediatric healthcare providers with tools and strategies to screen for, assess, and manage patients with emotional, behavioral and substance abuse concerns. It also encompasses strategies to provide for more efficient workflow (including information on coding), more effective care, and improved family and physician relationships.

What is the purpose of the BeHiP program?

- Apply principles of systems-based practice to behavioral health disorders in the primary care pediatric setting
- Demonstrate ways to screen, assess and treat behavioral health concerns
- Develop primary care office-based protocols to improve communication and collaboration with the behavioral health system of care.

Office-Based Training: TNAAP BeHiP faculty are available to present a 3-hour virtual or in-person office-based training to pediatric medical providers and their staff, covering a variety of behavioral health topics and tailored to the needs of the practice. Potential topics include toxic stress, ACEs, trauma-informed care, screening tools, office-based interventions, navigating the Department of Children's Services system, psycho-pharmacology, coding and workflow, and more! Trainings are scheduled when it's convenient for you and are provided at no cost.

Online Training Modules: Associated BeHiP online training modules cover specific topics such as ADHD, Depression, Anxiety, Substance Abuse and more to help pediatric healthcare providers become more familiar with the resources and screening tools available. The participants work through the screening tool to become familiar with the tool and calculate a score. All of the online training modules, including CME credit, are available for FREE. <https://www.tnaap.org/programs/behp/online-training-modules>

Schedule your FREE BeHiP In-Office
Training Today!

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BlueCare Tennessee and BlueCare are Independent Licensees of the BlueCross BlueShield Association.

BeHiP Foster Care Medical Home ECHO:

This project utilizes the peer-to-peer learning methodology, ECHO (Extension for Community Health Outcomes), to bring physicians together to learn and discuss the successes and challenges in meeting the behavioral health needs of their patients. Topic experts will lead each individual interactive ECHO session. ECHO participants are also eligible to participate in an associated QI project. This collaboration consists of participating BlueCare Best Practice Network Providers, COE psychiatrists and psychologists, Department of Children's Services nurses and staff, BeHiP staff, and community behavioral health providers. This group meets monthly through a virtual conference call and uses case-based learning to discuss the care of children who present with behavioral health issues and who are currently in foster care. The collaborative is currently enrolling pediatric medical providers throughout Tennessee and over time, enrolled providers develop more confidence in their ability to care for these more complicated behavioral health patients and are able to apply their new skills to their general pediatric population. As a result, enrolled clinics have become a medical home for children in foster care, providing timely and comprehensive services to this population, including care coordination and medical management of their behavioral health conditions that is no longer wholly dependent upon the availability of child and adolescent psychiatrists.

**Register
today!!**



Earn MOC Part IV Credit with BeHiP and The Pediatric Health Care Improvement Initiative!

Requirements

- Participate in a BeHiP in office training.
- Attend Quality Improvement Training
- Develop practice QI team
- Use 'Model for Improvement' for a minimum of 3 PDSA cycles
- Review chart review reports for minimum of 4 data cycles
- Engage with the QI team and stay informed of process improvements
- Remain up-to-date regarding content of monthly calls with PHiT
- Contribute to the annual learning collaborative



Have questions? Want to schedule a training?

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MOC Part IV!

All projects offer MOC Part IV
Credit with the American Board of
Pediatrics and
Quality Improvement Credit with
the American Board of Family
Medicine

Visit the Tennessee AAP website at www.tnaap.org!