Tennessee Chapter

INCORPORATED IN TENNESSEE



Foster Care Medical Home Tool Kit

Revision Date 10-1-2024

Introduction: The Foster Care Medical Home Project was created through a partnership between the Tennessee Chapter of the American Academy of Pediatrics and the Tennessee Department of Children's Services. Grant funding for the project is provided by Blue Cross and Blue Shield of Tennessee. On behalf of the Tennessee Chapter of the American Academy of Pediatrics, I thank you for your compassionate care of the most vulnerable population we serve. Your willingness to provide services to children in foster care will not only impact their lives but will contribute to a growing network of Foster Care Medical Home providers. Together, we will improve the quality of medical and mental health care of children in foster care, enhance communication between health care providers and the DCS foster care system, and establish continuity of care through a state-wide network of health care providers. The following tool kit has been assembled to assist you.

Very Respectfully,

Timothy Fuller, DO, FAAP

Medical Director, Behavioral Health in Pediatrics

Tennessee Chapter of the American Academy of Pediatrics

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Guidance for Use:

Authorization for Routine Health Services:

This form should be completed and signed by the birth parent or guardian upon the child's entrance into state custody. It should be brought to the first appointment by the foster parent or DCS representative. It may also be faxed to your office prior to the visit. Please retain a copy in your files.

Consent for Vaccination:

In accordance with the Mature Minor Correction Act of 2023 this form must be completed and signed by the birth parent, the legal guardian, or a judge prior to the administration of any vaccines. It authorizes the administration of only the routine vaccinations listed on the consent form. Permission for any additional vaccines must be obtained through additional special consent. Please retain a copy in your records.

Psychotropic Medication Utilization Parameters for Children in State Custody:

This document outlines the parameters for prescribing psychotropic medications for children in state custody. Portions of the content may reflect the original age of the document. Nevertheless, the parameters have not changed. Please contact your DCS regional nurse with any questions you may have concerning updates.

EPSDT Screening Report:

This form should be completed on the initial 72 hour intake evaluation and every subsequent well child visit. If a child exits custody for any reason (including elopement) and returns to custody, you must repeat the intake again with this EPSDT form. You should not need to complete a Health Service Confirmation and Follow-Up Form on the same visit you complete the EPSDT form. Please fax a copy of the form to your DCS regional nurse, return a copy to the foster parent/ DCS representative, and retain a copy for your files.

Health Services Confirmation and Follow-Up Notification:

You should use this form for every encounter other than an EPSDT exam. The wording of this form may seem confusing. Please enter the chief complaint in the top section, your diagnosis in the middle section, and your plan in the bottom section. Fax a copy to your DCS nurse, return a copy to the foster parent/ DCS representative, and retain a copy for your files.

Psychotropic Medication Evaluation:

This form must be completed every time a psychotropic medication is started, refilled, or discontinued during a visit. Please fax this form to your DCS nurse, return a copy to the foster parent/ DCS worker, and retain a copy for your files.

Informed Consent for Psychotropic Medication:

This form must be completed for each psychotropic medication prescribed. If the child enters custody on medication, the FSW may have obtained the consent at the time of entrance into state custody. However, you should verify the existence of a signed consent during the first visit. For newly prescribed medication consent may be provided by the birth parent/ legal guardian, the patient (if age 16 years or older), or the DCS regional nurse if the parental rights have been terminated. Please call the DCS regional nurse when initiating new medications. Each consent should be renewed every 12 months. Fax the consent form to the DCS regional nurse, provide a copy to the foster parent/ DCS representative, and retain a copy for your files.

Prior Approval for PRN Psychotropic Medication:

This form must be completed for PRN psychotropic medications. In general, it is not recommended to use PRN psychotropic medications for children in state custody due to the complex process of approval. Please call your DCS regional nurse prior to prescribing any PRN psychotropic medications. If it is deemed necessary to prescribe a PRN psychotropic, fax a copy of the form to your DCS nurse, provide a copy to the foster parent/ DCS representative, and retain a copy for your files.

Please feel free to contact your DCS regional nurse for any questions concerning the use of this tool kit.



Authorization for Routine Health Services for Minors

Name of Child:	Date of Birth:	IFACIS ID:	_
Date of Custody:	County of Custody:	Region of Custody:	
This document verif	ies that	is in the	legal custody of
=	tment of Children's Services order granting legal custody dical care.	. The Department of Child	ren's Services, by
Child/Youth The information below must be	fully explained to the minor; minor does	not sign form)	
Services. Examples of rout blood draws and samples, to ther medical procedures rehoose not to consent, the	y be provided while you are within tine health services are: routine dentreatment of communicable disease not listed generally governed by imp Department of Children's Services, to consent to ordinary and/or neces	tal procedures including extraction (s), routine suturing or minor lacer lied consent guidelines in the comby virtue of the court's order grant	ns, pelvic exams, rations, x-rays, and munity setting. If you ing the department
Parent/Guardian			
understand the meaning or permission to such care. Il	de routine health care to my child we froutine with regard to health servion have also been informed that if I chourt's order granting the department	ces as generally outlined above and cose not to consent, the Departme	Department. I d hereby give my ent of Children's
	Parent's or Legal Guardian's Signature		
	Witness'Signature	Date	
child while in custody of the egal guardian cannot be lo	above named minor's parent or legal to Department of Children's Services cated, the Department of Children's consent to ordinary and/or necessary aperwork at time of	or because, after diligent efforts to Services due to its rights and resp	o locate, the parent or
No parent available at tim	e of removal	DCS Staff Signature	Date

This is the current version of this form. Please disregard all previous versions prior to the date listed below.

CS-0206, Rev. 5/23 RDA 11016



Consent for Vaccination

Name of Child:		DOB:	TFACTS ID:	
Date of Custody: County:			Region:	
This document the Tennessee I	verifies that Department of Children	ı's Services.	is in the legal custody of	
Parent/Guardia:				
while he/she is in the act of introdu response against	sting my permission to p the custody of the Departing a substance intend	orovide, reque artment. I und ed for use in l pathogen. T	hat the Tennessee Department of Children's st and/or facilitate vaccinations to my child derstand the meaning of vaccination to mean numans to stimulate the body's immune the below checkboxes indicate which routine to receive:	
Yes No	IPV Inactivated police	(Polio)		
Yes No	MMR Measles, mumps	, rubella (Geri	nan measles)	
Yes No	Varicella (Chickenpox)			
Yes No	Hepatitis A			
Yes No	Hepatitis B			
Yes No	Influenza (Flu)			
Yes No	Pneumococcal (Pneum	onia)		
Yes No	Meningococcal (Menin	gitis)		
Yes No	DTaP or Tdap Diphther	ria, tetanus, p	ertussis (Whooping cough)	
Yes No	Rotavirus			
Yes No	Hib Haemophilus influe	nzae type b		
			consent, the Department of authorize vaccination of the	
Parent or Legal Guardia	an Signature		Date	
Witness Signature			 Date	

This is the current version of this form. Please disregard all previous versions prior to the date listed below.

CS-4246, Rev. 6-24 RDA 11016

Psychotropic Medication Utilization Parameters For Children in State Custody

Adapted by:

Tennessee Department of Children's Services Pharmacy and Therapeutics Committee

Developed by:
Texas Department of State Health Services
with review and input
provided by:

Federation of Texas Psychiatry
Texas Pediatric Society
Texas Academy of Family Physicians
Texas Osteopathic Medical Association
Texas Medical Association

Psychotropic Medication Utilization Parameters For Children in State Custody

Introduction and General Principles

The use of psychotropic medications by children is an issue confronting parents, other caregivers, and health care professionals across the United States. Children in state custody, in particular, have multiple needs, including those related to emotional or psychological stress. Children in state custody typically have experienced abusive, neglectful, serial or chaotic caretaking environments. Birth family history is often not available. These children often present with a fluidity of different symptoms over time reflective of past traumatic and reactive attachment difficulties that may mimic many overlapping psychiatric disorders. Establishment of rapport is often difficult. These multiple factors serve to complicate diagnosis. Children in state custody may reside in areas of the state where mental health professionals such as child psychiatrists are not readily available. Similarly, caregivers and health providers may be faced with critical situations that require immediate decisions about the care to be delivered. For these and other reasons, a need exists for treatment guidelines and parameters regarding the appropriate use of psychotropic medications for children in state custody.

Because of the complex issues involved in the lives of children in state custody, it is important that a comprehensive evaluation be performed before beginning treatment for a mental or behavioral disorder. Except in the case of an emergency, a child should receive a thorough health history, psychosocial assessment, mental status exam, and physical exam before the prescribing of psychotropic medication. The physical assessment should be performed by a physician or another healthcare professional qualified to perform such an assessment. It is recognized that in some situations, it may be in the best interest of the child to prescribe psychotropic medications before a physical exam can actually be performed. In these situations, a thorough health history should be performed to assess for significant medical disorders and past response to medications, and a physical evaluation should be performed as soon as possible. Appropriate screening tools should be used for children through the Early & Prevention Screening, Diagnosis & Treatment (EPSDT) process or who are being treated by primary care providers. Children with complicated or refractory symptoms should be referred to a qualified mental health professional for consultation or treatment. The mental health assessment should be performed by an appropriately qualified mental health professional with experience in providing care to children. The child's symptoms and functioning should be assessed across multiple domains, and the assessment should be developmentally appropriate. It is very important that information about the child's history and current functioning be made available to the treating clinician in a timely manner, either through an adult who is well-informed about the child or through a comprehensive medical record. Psychological testing may be indicated when: a disorder is suspected but symptoms can't be reported, underlying issues are suspected that may be difficult to identify in the course of treatment, treatment fails, educational placement is needed and treatment determination is needed for sexually inappropriate actions.

The role of nonpharmacological interventions should be considered before beginning a psychotropic medication, except in urgent situations such as suicidal ideation, psychosis, self injurious behavior, physical aggression that is acutely dangerous to others, severe impulsivity endangering the child or others, marked disturbance of psychophysiological functioning (such as profound sleep disturbance), or marked anxiety, isolation, or withdrawal, or for conditions in which research has clearly indicated the superiority of pharmacotherapy (e.g., ADHD). Given the unusual stress and change in environmental circumstances associated with being a child in state custody, counseling or psychotherapy (including behavioral therapies) should generally begin before or concurrent with prescription of a psychotropic medication. Patient and caregiver education about the mental disorder, treatment options (nonpharmacological and pharmacological), treat expectations, and potential side effects should occur before and during the prescription of psychotropic medications.

It is recognized that many psychotropic medications do not have Food and Drug Administration (FDA) approved labeling for use in children. The FDA has a statutory mandate to determine whether pharmaceutical company sponsored research indicates that a medication is safe and effective for those indications in which it has been studied by the manufacturer. The FDA also assures that information in the approved product labeling is accurate, and limits the manufacturer's marketing to the information contained in the approved labeling. The FDA does not regulate physician and other health provider practice. In fact, the FDA has stated that it does "not limit the manner in which a practitioner may prescribe an approved drug." Studies and expert clinical experience often support the use of medication for an "off-label" use. Physicians should utilize the available evidence, expert opinion, their own clinical experience, and exercise their clinical judgment in prescribing what they feel is best for each individual patient.

General principles regarding the use of psychotropic medications in children include:

- A DSM-IV TR psychiatric diagnosis should be made before the prescribing of psychotropic medications.
- Clearly defined target symptoms and treatment goals for the use of
 psychotropic medications should be identified and documented in the
 medical record at the time of or before beginning treatment with a
 psychotropic medication. These target symptoms and treatment goals
 should be assessed at each clinic visit with the child and caregiver.
 Whenever possible, recognized clinical rating scales (clinician, patient, or
 caregiver assessed, as appropriate) or other measures should be used to
 quantify the response of the child's target symptoms to treatment and the
 progress made toward treatment goals.
- In making a decision regarding whether to prescribe a psychotropic medication in a specific child, the clinician should carefully consider potential side effects, including those that are uncommon but potentially severe, and evaluate the over all benefit-to-risk of pharmacotherapy. The clinician should also take into consideration birth control status, potential

- for pregnancy, and other potentially complicating medical conditions or medications.
- Except in the case of emergency, informed consent should be obtained from the appropriate party(s) before beginning psychotropic medication. Informed consent to treatment with psychotropic medication entails diagnosis, expected benefits and risks of treatment, including common side effects, discussion of laboratory findings, and uncommon but potentially severe adverse events. Alternative treatments, the risks associated with no treatment, and the overall potential benefit-to-risk ratio of treatment should be discussed.
- During the prescription of psychotropic medication, the presence or absence of medication side effects should be documented in the child's medical record at each visit.
- Appropriate monitoring of indices such as height, weight, blood pressure, or other laboratory findings should be documented.
- Monotherapy regimens for a given disorder of specific target symptoms should usually be tried before polypharmacy regimens.
- Doses should usually be started low and titrated carefully as needed.
- Only one medication should be changed at a time, unless a clinically appropriate reason to do otherwise is documented in the medical record.
 (Note: starting a new medication and beginning the dose taper of a current medication is considered one medication change).
- The frequency of clinician follow-up with the patient should be appropriate for the severity of the child's condition and adequate to monitor response to treatment, including: symptoms, behavior, function, and potential medication side effects.
- In depressed children and adolescents, the potential for emergent suicidality should be carefully evaluated and monitored
- If the prescribing clinician is not a child psychiatrist, referral to or consultation with a psychiatrist should occur if the child's clinical status has not experienced meaningful improvement within a timeframe that is appropriate for the child's clinical status and the medication regimen being used.
- When medication changes are warranted within the same class of medications, a 60 day cross-over period of titration of the new agent and taper of the agent to be discontinued is appropriate unless the agent to be discontinued is causing adverse effects.
- Before adding additional psychotropic medications to a regimen, the child should be assessed for adequate medication adherence, accuracy of the diagnosis, the occurrence of comorbid disorders (including substance abuse and general medical disorders), and the influence of psychosocial stressors.
- If a medication is being used in a child for a primary target symptom of aggression associated with a DSM-IV TR nonpsychotic diagnosis (e.g., conduct disorder, oppositional defiant disorder, intermittent explosive disorder), and the behavior disturbance has been in remission for six

- months, then serious consideration should be given to slow tapering and discontinuation of the medication. If the medication is continued in this situation, the necessity for continued treatment should be evaluated at a minimum of every six months.
- The clinician should clearly document care provided in the child's medical record, including history, mental status assessment, physical findings (when relevant), impressions, adequate laboratory monitoring specific to the drug(s) prescribed at intervals required specific to the prescribed drug and potential known risks, medication response, presence or absence of side effect, treatment plan, and intended use of prescribed medications.

Criteria Triggering Further Review of a Child's Clinical Status

The following situations indicate a need for further review of a patient's case. These parameters do not necessarily indicate that treatment is inappropriate, but they do indicate a need for further review.

For a child/adolescent being prescribed a psychotropic medication, any of the following suggests the need for additional review of a patient's clinical status:

- 1) Absence of a thorough assessment of DSM-IV diagnosis in the child's medical record.
- 2) Four (4) or more psychotropic medications prescribed concomitantly. *Note:*
 - a) For the purpose of this document, polypharmacy is defined as the use of two or more medications for the same indication (i.e., specific mental disorder).
 - b) The prescription of side effect agents of benztropine or diphenhydramine does not count toward the total psychotropic number.
- 3) Prescribing:
 - a) Two (2) or more concomitant antidepressants,
 - b) Two (2) or more concomitant antipsychotic medications,
 - c) Two (2) or more concomitant stimulant medications(1), or
 - d) Two (2) or more concomitant mood stabilizer medications.
 - (1) The prescription of a long-acting stimulant and an immediate release stimulant of the same chemical entity (e.g., methylphenidate) does not constitute concomitant prescribing.
- 4) The prescribed psychotropic medication is not consistent with the patient's diagnosis or the patient's target symptoms (i.e., specific symptoms observed in a child/adolescent that are associated with a mental disorder, and that usually respond to the medication being prescribed).

- 5) Psychotropic polypharmacy for a given mental disorder is prescribed before utilizing psychotropic monotherapy.
- 6) The psychotropic medication dose exceed usually recommended doses.(2)
- 7) Psychotropic medications are prescribed for children five (5) years and under.
- 8) Prescribing by a primary care provider for a diagnosis other than the following single DSM-IV TR Axis I diagnosis (unless recommended by a consultant in the specialties of: pediatric neurology, psychiatry, or developmental behavioral pediatrician).
 - Attention Deficit Hyperactive Disorder (ADHD)
 - Encopresis
 - Enuresis
 - Mild-moderate anxiety disorders,
 - Mild-moderate depression,
 - Mild-moderate developmental disorders
 - Mild-moderate sleep disorders
 - Mild-moderate tic disorders

(2)Usual recommended maximum doses of common psychotropic medications. Note

- a) These tables are intended to reflect usual maximum doses of commonly used psychotropic medications. The preferred drug formulary potentially prescribed for children in state custody is the same as for all other TennCare recipients.
- b) These doses represent usual daily maximum doses, and are intended to serve as a guide for clinicians. The tables are not intended to serve as a substitute for sound clinical judgment in the care of individual patients, and individual patient circumstances may dictate the need for the use of higher doses in specific patients. In these cases, careful documentation of the rationale for the higher dose should occur, and care monitoring and documentation of response to treatment should be observed.
- c) Not all medications prescribed by clinicians for psychiatric diagnoses in children and adolescents are included below. However, in general, medications not listed do not have adequate efficacy and safety information available to support a usual maximum dose recommendation.

Antidepressants/Anxiolytics

	Maximum Dose per Day (1)	
	Children	Adolescents
Citalopram	40mg	60mg
Escitalopram	20mg	20mg
Fluvoxamine (2)	200mg	200mg
Fluoxetine (2, 3)	20mg	40mg

Paroxetine	30mg	40mg
Sertraline (2)	200mg	200mg
Venlafaxine	3 mg/kg/d	225mg

- (1) In general, doses should be started low and titrated slowly while monitoring the patient for improvement in depressive symptoms, potential side effects, or emergent suicidality
- (2) Has FDA approved labeling for treatment of depression in children.
- (3) Has FDA approved labeling for treatment of anxiety disorders in children.

Antipsychotics

	Maximum Dose per Day	
	Children	Adolescents
Aripiprazole	15mg	30mg
Clozapine	300mg	600mg
Haloperidol	10mg	20mg
Olanzapine	12.5mg	20mg
Quetiapine	300mg	600mg
Risperidone	4mg	6mg
Ziprasidone	No data	180mg

ADHD Medications

ADIID Medications			
	Maximum Dose per Day		
	Children	Adolescents	
Stimulants			
Amphetamine	40mg	40mg	
(Mixed amphetamine salts			
Or dextroamphetamine)			
Dexmethylphenidate	20mg	20mg	
Methylphenidate	60mg	72mg	
Othors			
Others			
Atomoxetine	1.8mg/kg/d	100mg	
Bupropion	6mg/kg/d	450mg	
Clonidine	0.4mg	0.4mg	
Guanfacine	4mg	4mg	
Imipramine	5mg/kg/d	300mg	
Nortriptyline	3mg/kg/d	150mg	

Mood Stabilizers

Maximum Dose per Day

	Children	Adolescents
Carbamazepine (3)	7mg/kg/d	(Max Cs: 12mcg/mL)
Lamotrigine	15mg/kg/d (200mg)	200mg
Lithium (3)	30mg/kg/d	(Max Cs: 1.2mEg/L)
Valproic acid (3)	20mg/kg/d	(Max Cs: 125mcg/ml)
(Divalproex)		

⁽³⁾ Maximum daily dose typically determined by drug serum concentration (Cs) and individual patient tolerability.



EPSDT Screening Report/Well Child Check-up

Child's Name:		DOB:
TFACTS ID#:	Home County:	
Date of EPSDT:	Facility:	
2. Physical examin 3. Hearing assessme 4. Vision assessme 5. Laboratory testi 6. Health education 7. Immunizations of Height: Temp: Lab results pending – will of All screening results were TB skin test placed: Yes	history (incl. developmental and behavior screening ation (unclothed) Yes (partial unclothed) nent Yes No ent Yes No ng Yes No n Yes No up-to-date Yes No Record rows Weight: Pulse:	Yes No Not available BMI: BP:
Referrable conditions: Yes		
Dataile		
	e for referable conditions?	
Additional comments:		
_		
Healthcare Provider Details		
Clinic Name:		
Street Address:		<u></u>
City, State, Zip:		
Telephone Number:		
Healthcare Provider Name (P	rint)	Date:
Healthcare Provider Signatur	e	

EPSDT Screening Report

The completed form is forwarded to the appropriate DCS Health Unit

	The second secon	 	
East Counties: Anderson, Campbell, Loudon, Monroe, Morgan, Roane, Scott, Union	227 French Landing Drive Second Floor Nashville, TN 37228 Telephone: 615-253-1963 615-350-4113 Fax: 615-524-3077 Child Health email box: EI DCS.ChildHealth DV Fax@tn.gov 111 Union Valley Rd. Oak Ridge, TN 37830 Office: 865-425-4400 Cell: 865-776-2852 Fax: 865- 594-2621 Child Health email box: EI DCS.ChildHealth ET Fax@tn.gov	Smoky Mountain Counties: Claiborne, Cocke, Grainger, Hamblen, Jefferson, Blount Sevier	One Commerce Square 40 South Main, Suite 600 Memphis, TN 38103 Cell: 901-305-4299 Fax: 901-745-7154 Child Health email box: EI DCS. ChildHealth SH Fax@tn.gov 613 West Hwy 11E Ste #1 New Market, TN 37820 Cell: 423-667-8273 Fax: 865-594-2623 Child Health email box: EI DCS. ChildHealth SM Fax@tn.gov
Knox	2600 Western Ave. Knoxville, TN 37921 Office: 865-329-8879 Cell: 865-617.7072 Fax: 865-594-2624 Child Health email box: EI DCS.ChildHealth KX Fax@tn.gov	South Central Counties: Bedford, Coffee, Franklin, Giles, Grundy, Hickman, Lawrence, Lewis, Lincoln, Marshall, Maury, Moore, Perry, Wayne	1400 College Park, #A Columbia, TN 38401 Telephone: 931-490-6028 Fax: 931-646-3104 Child health email box: EI DCS.ChildHealth SC Fax@tn.gov
Mid-Cumberland Counties: Cheatham, Montgomery, Robertson, Rutherford, Sumner, Trousdale, Williamson, Wilson	200 Athens Way, Suite #2A Nashville, TN 37243 Telephone: 615-360-4383 Fax: 615-524-3076 Child Health email box: EI DCS.ChildHealth MC Fax@tn.gov	Southwest Counties: Chester, Decatur, Fayette, Hardeman, Hardin, Haywood, Henderson, Lauderdale, Madison, McNairy, Tipton	Lowell Thomas State Bldg 225 Dr. MLK Drive, 3 rd flr Jackson, TN 38301 Cell:: 731-412-2035 Fax: 731-935-0696 Child Health email box: El DCS.ChildHealth SW Fax@tn.gov
Northeast Counties: Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington	2555 Plymouth Rd. Johnson City, TN 37601 Cell: 423-979-5228 Fax: 423-585-3410 Child Health email box: El DCS.ChildHealth NE Fax@tn.gov	Tennessee Valley Hamilton Southeast Counties: Bledsoe, Bradley, McMinn, Marion, Meigs, Polk, Rhea, Sequatchie	5600 Brainerd Rd. #602 C Chattanooga, TN 37411 Telephone: 423-296-2276 Fax: 423-585-3416 Child Health email box: El DCS.ChildHealth TV Fax@tn.gov
Northwest Counties: Benton, Carroll, Crockett, , Dickson, Dyer, Gibson, Henry, Houston, Humphreys, Lake, Obion, Stewart, Weakley	8600 Highway 22 Dresden, TN 38225 Telephone: 731-365-4544 Fax: 731-935-0695 Child Health email box; El DCS.ChildHealth NW Fax@tn.gov	Upper Cumberland Counties: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White	600 Hearthwood Court Cookeville, TN 38506 Telephone: 931-646-3042 Fax: 931-646-3100 Child Health email box: EI DCS.ChildHealth UC Fax@tn.gov



Health Services Confirmation and Follow-Up Notification

Youth Information (to be completed by DCS)

Child Name:	DCS Region:
TFACTS Person ID:	Date of Birth:
FSW Name:	FSW Phone:

*Not to be used for EPSDT Medical exams - use CS 1096 EPSDT Report
*Not to be used for Psychotropic Medications - use CS 0629 Psychotropic Medication Evaluation

Healthcare Visit Details (to be completed by healthcare provider)

Date of Service:
Chief Complaint/Reason for Visit:
Service Provided:
Special Instructions for Caregiver:
Follow-up appointment needed: Yes No Reason: If yes, frequency:
Return to clinic (date/time): Referrals made:
Clinic Name: Street Address: Telephone: Telephone:
Healthcare Provider Name (print): Healthcare Provider Signature: Would provider like contact with DCS? Yes No

Check the "Forms" Webpage for the current version and disregard previous versions. This form may not be altered without prior approval.

Distribution: SAT Coordinator, Child/Youth's Case File, Health Record

RDA 10116

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kidcentral tn

Department of Children's Services INSTRUCTIONS FOR USE OF FORM CS-0689 Health Services Confirmation and Follow-Up Notification

DCS staff, foster parent, or contract agency staff completes the top of the form prior to healthcare appointment. The healthcare provider completes the rest of the form and signs and dates the form.

The completed form is sent to the appropriate Health Unit.

Davidson	500 James Robertson Pkwy, 7 th Fl Nashville, TN 37243 Telephone: 615-253-1963 615-350-4113 Fax: 615-524-3077 Child Health email box: El DCS.ChildHealth DV Fax@tn.gov	Shelby	One Commerce Square 40 South Main, Suite 600 Memphis, TN 38103 Cell: 901-305-4299 Fax: 901-745-7154 Child Health email box: EI DCS.ChildHealth SH Fax@tn.gov
East Counties: Anderson, Campbell, Loudon, Monroe, Morgan, Roane, Scott, Union	111 Union Valley Rd. Oak Ridge, TN 37830 Office: 865-425-4400 Cell: 865-776-2852 Fax: 865- 594-2621 Child Health email box: EI DCS.ChildHealth ET Fax@tn.gov	Smoky Mountain Counties: Claiborne, Cocke, Grainger, Hamblen, Jefferson, Blount, Sevier	613 West Hwy 11E Ste #1 New Market, TN 37820 Cell: 423-667-8273 Fax: 865-594-2623 Child Health email box: EI DCS.ChildHealth SM Fax@tn.gov
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Northwest Counties: Benton, Carroll, Crockett,, Dickson, Dyer, Gibson, Henry, Houston, Humphreys, Lake, Obion, Stewart, Weakley	8600 Highway 22 Dresden, TN 38225 Telephone: 731-365-4544 Fax: 731-935-0695 Child Health email box: EI DCS.ChildHealth NW Fax@tn.gov	Upper Cumberland Counties: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White	600 Hearthwood Court Cookeville, TN 38506 Telephone: 931-646-3042 Fax: 931-646-3100 Child Health email box: EI DCS.ChildHealth UC Fax@tn.gov



Psychotropic Medication Evaluation

Note: Complete this form at every medication evaluation appointment. Healthcare Providers may prefer to provide their own documentation regarding information contained in this form.

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Appointment date	TFACTS person ID#					
Child's name	DOB					
Home County I	FSW name					
Provider name	Phone #					
Clinic name						
Address						
DSM-V Diagnosis						
Symptoms						
Other Treatments						
Other freatments						
Current and discontinued medications (name, dose, frequency, route, Informed Consent form CS 0627 must be attached. #1	# of Refills					
☐ Increase ☐ Decrease ☐ Discontinued ☐ No change	New – attach INFORMED CONSENT form					
# 2	# of Refills					
☐ Increase ☐ Decrease ☐ Discontinued ☐ No change	New – attach INFORMED CONSENT form					
#3	# of Refills					
☐ Increase ☐ Decrease ☐ Discontinued ☐ No change	New – attach INFORMED CONSENT form					
# 4	# of Refills					
☐ Increase ☐ Decrease ☐ Discontinued ☐ No change	New – attach INFORMED CONSENT form					
#5	# of Refills					
☐ Increase ☐ Decrease ☐ Discontinued ☐ No change	New – attach INFORMED CONSENT form					
Reason medication stopped?						
Reason for changes?						
Recent Height: Recent Weight: Pulse:	BP:					
Laboratory tests? No Yes (specify)						
Next appointment						
Provider signature	Date					

Check the "Forms" Webpage for the current version and disregard previous versions. This form may not be altered without prior approval. Distribution: SAT Coordinator, Child/Youth's Case File, Health Record

CS-0629 Rev. 10/24



Department of Children's Services INSTRUCTIONS FOR USE OF FORM CS-0629 Psychotropic Medication Evaluation

- 1. DCS FSW, Foster Parent, or Contract Agency Staff completes the top portion of form.
- 2. The Healthcare Provider completes the remainder of the form at <u>each</u> medication evaluation appointment.
- 3. If a new psychotropic medication is prescribed, an Informed Consent form CS 0627 must be sent with the PME
- 4. The Healthcare Provider signs and dates the bottom of the form.
- 5. The completed form is sent to the appropriate Health Unit.

Davidson	900 2 nd Avenue North Nashville, TN 37243 Nursing Telephone: 615-483-6003 Fax: 615-524-3077 Child Health email box: EI DCS.ChildHealth_DV Fax@tn.gov	Smoky Mountain Counties: Blount, Claiborne, Cocke, Grainger, Hamblen, Jefferson, Sevier	613 West Hwy 11E, Suite #1 New Market, TN 37820 Nursing Telephone: 865-696-7147 Fax: 865-594-2623 Child Health email box: El DCS.ChildHealth SM Fax@tn.gov
East Counties: Anderson, Campbell, Loudon, Monroe, Morgan, Roane, Scott, Union	182 Frank Diggs Dr . # 100 Clinton, TN 37716 Nursing Telephone: 865-696-7852 Fax: 865-594-2621 Child Health email box: EI_DCS.ChildHealth_ET_Fax@tn.gov	Smoky Mountain Counties: Blount, Sevier	613 West Hwy 11E, Suite #1 New Market, TN 37820 Nursing Telephone: 865-207-5375 Fax: 865-594-2623 Child Health email box: EI_DCS.ChildHealth_SM_Fax@tn.gov
Knox	2600 Western Ave. Knoxville, TN 37921 Nursing Telephone: 865-209-9916 Fax: 865-594-2624 Child Health email box: EI DCS.ChildHealth KX Fax@tn.gov	South Central Counties: Bedford, Coffee, , Franklin , Giles, Grundy, Hickman, Lawrence, Lewis, Lincoln, Marshall, Maury, Moore, Perry, Wayne	1400 College Park, #A Columbia, TN 38401 Nursing Telephone: 931-698-6937 Fax: 931-646-3104 Child Health email box: EI DCS.ChildHealth SC Fax@tn.gov
MidCumberland Counties: Cheatham, Montgomery, Robertson, Rutherford, Sumner, Trousdale, Williamson, Wilson	200 Athens Way, Suite #2A Nashville, TN 37243 Nursing Telephones: 615-483-6629 615-603-5031 Fax: 615-524-3076 Child Health email box: El DCS.ChildHealth MC Fax@tn.gov	Southwest Counties: Chester, Decatur, Fayette, Hardeman, Hardin, Haywood, Henderson, Lauderdale, Madison, McNairy, Tipton	Lowell Thomas State Bldg. 225 Dr. MLK Drive, 3 rd flr. Jackson. TN 38301 Nursing Telephone: 731-343-3561 Fax: 731-935-0696 Child Health email box: EI DCS.ChildHealth SW Fax@tn.gov
Northeast Counties: Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington	2555 Plymouth Road Johnson City, TN 37601 Nursing Telephone: 423-202-4644 Fax: 423-585-3410 Child Health email box: El_DCS.ChildHealth_NE_Fax@tn.gov	Tennessee Valley/ Hamilton	5600 Brainerd Rd. #602 C Chattanooga, TN 37411 Nursing Telephone: 423-503-5046 Fax: 423-585-3416 Child Health email box: El_DCS.ChildHealth_TV_Fax@tn.gov
Northwest Counties: Benton, Carroll, Crockett, , Dickson, Dyer, Gibson, Henry, Houston, Humphreys, Lake, Obion, Stewart, Weakley	8600 Highway 22 Dresden, TN 38242 Nursing Telephone: 731-343-3561 Fax: 731-935-0695 Child Health email box: El_DCS.ChildHealth_NW_Fax@tn.gov	Tennessee Valley/ Southeast Counties: Bledsoe, Bradley, McMinn, Marion, Meigs, Polk, Rhea, Sequatchie	5600 Brainerd Rd. #C-20 Chattanooga, TN 37411 Nursing Telephone: 423-503-5046 Fax: 423-585-3416 Child Health email box: El_DCS.ChildHealth_TV_Fax@tn.gov
Shelby	One Commerce Square 40 South Main, Suite 600 Memphis, TN 38103 Nursing Telephones: 901-258-0345 901-568-2190 Fax: 901-745-7154 Child Health email box: El DCS.ChildHealth_SH_Fax@tn.gov	Upper Cumberland Counties: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, VanBuren, Warren, White	600 Hearthwood Court Cookeville, TN 38506 Nursing Telephone: 931-239-3169 Fax: 931-646-3100 Child Health email box: EI_DCS.ChildHealth_UC_Fax@tn.gov



Informed Consent for Psychotropic Medication

Appointment Date	TFACTS Person ID# _	Home Co.	
Child's Name			DOB
Placement Foster home [Child entering custody on the	Congregate care facility medication(s) listed below	Facility name	
	ROPIC MEDICATION EVALU	JATION Form CS-0629 O	R EQUIVALENT FORM
Medication (dose, frequency, rout	te)		-
For the treatment of			
Allergies			
Any other medication child is taki	ng		
Prescribing Provider's Name		Tel	ephone #
Clinic Name			
Address			
understand that although this medical the results. For females: Because this/these medion have plans to attempt pregnancy. THIS FORM CAN ONLY BE SOFT the prescribing provider Based on the information provided I give PERMISSION/CONSENT	cation(s) could be harmful to a develo	reatment of my/my child's condition of my/my child's condition of the medical state of the me	developed for me/my child. I also on, there is no absolute guarantee as to all staff immediately if I suspect pregnancy S AND OLDER (at the discretion
Youth age 16 or older signature			Date
Parent/Legal Guardian signature_			Date
		Relationship	
Witness #1 Verbal Consent			Date
Reason parent cannot sign			
DCS Health Nurse Signature			Date
Print name		Re	gion
☐ I have been NOTIFIED that cons	sent was given by DCS for the above	e listed medications(s).	
Parent/Legal Guardian signature_			Date
Print name		R	elationship

Check the "Forms" Webpage for the current version and disregard previous versions. This form may not be altered without prior approval. Distribution: Child's Group Home File

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CS-0627

Department of Children's Services INSTRUCTIONS FOR USE OF FORM CS-0627 Informed Consent for Psychotropic Medication

- 1. This form is used for any child who is prescribed psychotropic medication. It can be signed by:
 - Parent/guardian
 - Youth age 16 years and older (at the discretion of the prescribing provider)
 - DCS Regional Nurse
- 2. The top section can be completed by foster parents, DCS FSWs, or contract agency case workers.
- 3. The prescribing provider completes the section including:
 - Medication name, dose and frequency
 - Treatment diagnosis
 - Allergies
 - Any other medication the child is taking
 - Prescribing Provider's name and contact information
- 4. The parent/guardian giving consent must be present at the medication evaluation appointment and must talk directly to the prescribing provider. If the parent/guardian cannot be at the appointment, they can talk to the prescribing provider on the phone and give verbal consent. Verbal consent must be witnessed by two people. Both witnesses must sign and date the form. Check the box for permission/consent.
- 5. If the parent/guardian cannot be available at the appointment or by phone, and the child is younger than age 16, the consent is sent to the regional nurse for consent decision.
- 6. If the nurse consents, then the parent/guardian is notified that consent was given and signs on the appropriate line and checks the box for notification.
- 7. When a parent/guardian or youth age 16 and over signs consent for psychotropic medication a copy of the consent must be sent to the home county regional nurse immediately for tracking purposes.
- 8. The informed consent is for the prescribed medication. If the dose or frequency is subsequently changed a new informed consent is NOT needed. The dosage or frequency change is reported on Psychotropic Medication Evaluation form CS 0629.
- 9. If the child is new to custody, check the box "entering custody on medications listed below" and complete the form with as much information as possible.
- 10. A copy of form CS-0629 Psychotropic Medication Evaluation, or equivalent documentation, should be attached to the consent to communicate information regarding the treatment of the child/youth.

Informed Consent for Psychotropic Medication The completed form is forwarded to the appropriate DCS Health Unit

Davidson	500 James Robertson Pkwy, 7 th flr Nashville, TN 37243 Nursing Telephone: Cell: 615-946-0433 Fax: 615-524-3077 EI DCS.ChildHealth DV Fax@tn.gov	Smoky Mountain Counties: Claiborne, Cocke, Grainger, Hamblen, Jefferson	613 West Hwy 11E, Suite #1 New Market, TN 37820 Nursing Telephone: Cell: 865-696-7147 Fax: 865-594-2623 EI DCS.ChildHealth SM Fax@tn.gov
East Counties: Anderson, Campbell, Loudon, Monroe, Morgan, Roane, Scott, Union	111 Union Valley Rd. Oak Ridge, TN 37830 Nursing Telephone: Cell: 865-696-7852 Fax: 865- 594-2621 El DCS.ChildHealth ET Fax@tn.gov	Smoky Mountain Counties: Blount, Sevier	613 West Hwy 11E, Suite #1 New Market, TN 37820 Nursing Telephone: Cell: 865-207-5375 Fax: 865-594-2623 EI DCS.ChildHealth SM Fax@tn.gov
Knox	2600 Western Ave. Knoxville, TN 37921 Nursing Telephone: Cell: 865-209-9916 Fax: 865-594-2624 El DCS.ChildHealth KX Fax@tn.gov	South Central Counties: Bedford, Coffee, , Franklin , Giles, Grundy, Hickman, Lawrence, Lewis, Lincoln, Marshall, Maury, Moore, Perry, Wayne	1400 College Park, #A Columbia, TN 38401 Nursing Telephone: Cell: 931-698-6937 Fax: 931-646-3104 EI DCS.ChildHealth SC Fax@tn.gov
MidCumberland Counties: Cheatham, Montgomery, Robertson, Rutherford, Sumner, Trousdale, Williamson, Wilson	200 Athens Way, Suite #2A Nashville, TN 37243 Nursing Telephones: Cell: 615-483-6629 Cell: 615-603-5031 Fax: 615-524-3076 EI DCS.ChildHealth MC Fax@tn.gov	Southwest Counties: Chester, Decatur, Fayette, Hardeman, Hardin, Haywood, Henderson, Lauderdale, Madison, McNairy, Tipton	Lowell Thomas State Bldg. 225 Dr. MLK Drive, 3 rd flr. Jackson. TN 38301 Nursing Telephone: Cell: 731-343-3561 Fax: 731-935-0696 El DCS.ChildHealth SW Fax@tn.gov
Northeast Counties: Carter, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington	2555 Plymouth Road Johnson City, TN 37601 Nursing Telephone: Cell: 423-202-4644 Fax: 423-585-3410 El DCS.ChildHealth NE Fax@tn.gov	Tennessee Valley Hamilton/Southeast Counties: Hamilton, Bledsoe, Bradley, McMinn, Marion, Meigs, Polk, Rhea, Sequatchie	5600 Brainerd Rd. #602 C Chattanooga, TN 37411 Nursing Telephone: Cell: 423-260-5376 Fax: 423-585-3416 El DCS.ChildHealth TV Fax@tn.gov
Northwest Counties: Benton, Carroll, Crockett, , Dickson, Dyer, Gibson, Henry, Houston, Humphreys, Lake, Obion, Stewart, Weakley	8600 Highway 22 Dresden, TN 38242 Nursing Telephone: Cell: 731-343-3561 Fax: 731-935-0695 El_DCS.ChildHealth_NW_Fax@tn.gov	Upper Cumberland Counties: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, White	600 Hearthwood Court Cookeville, TN 38506 Nursing Telephone: Cell: 931-303-1113 Fax: 931- 646-3100 El_DCS.ChildHealth_UC_Fax@tn.gov
Shelby	One Commerce Square 40 South Main, Suite 600 Memphis, TN 38103 Nursing Telephones: Cell: 901-258-0345 Cell: 901-568-2190 Fax: 901-745-7154 El DCS.ChildHealth SH Fax@tn.gov		



Prior Approval for PRN Psychotropic Medication

This form is used for any child who is prescribed PRN (meaning as needed) *anxiolytic-hypnotic and antipsychotic* medications. . The PRN psychotropic medication cannot be administered or dispensed to the child/youth until approved by the DCS Medical Director. An Informed Consent for Psychotropic Medication form CS-0627 must also be completed and signed.

Appointment date	TFACTS person ID#			
Child's name	DOB			
Home County				
Provider name	21 "			
Clinic name				
Address				
DSM Diagnosis				
Company Madications (page 4 page fragues of a page 4 page 6 page				
PRN medication being prescribed (name, dose, frequency, route)				
Reason for PRN medication?				
What symptoms will this medication treat?				
Other behavior interventions being used?		_		
Under what specific conditions will this medication be administered	מו			
Under What specific conditions will this medication be administered				
Anticipated frequency of use?				
Length of time PRN medication is prescribed (limit 14-30 days)?				
Provider signature	Date			
Approval must be obtained from the DCS Health Nurse and the DCS Director of Medical Services before the PRN psychotropic medication is administered. Informed Consent must also be obtained. If prescription for PRN psychotropic medication is needed beyond limit of 14-30 days a new approval must be obtained.				
Health Nurse Signature				
Print Name	Date			
Director of Medical Services signature				
Print Name:	Date			

Always check the "Forms" Website for most current version. This form may not be altered without prior approval. Distribution: Regional Administrator, Designee, Independent Living Director/Designee

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