



BeHiP: Behavioral Health in Pediatrics

What is BeHiP?

The Tennessee Chapter of the American Academy of Pediatrics offers a variety of options for pediatric providers to adopt tools and strategies to screen for, assess, and be more competent and confident in managing patients with emotional, behavioral, and substance abuse concerns. **Trainings are provided at no cost.**

BeHiP 101

This 3-hour office-based, physician-led training is designed for the entire practice team. It includes topics such as toxic stress, ACEs, trauma-informed care, use of screening tools, office-based interventions, psycho-pharmacology, coding and workflow, improved family and physician relationships and more! This project is funded through a grant with the State of Tennessee Department of Finance and Administration, Division of TennCare.



BeHiP TCAPES (Tennessee Child & Adolescent Psychiatry Education & Support)

Psychiatry Consult Line: 833-281-5020

This up-to-3-hour customizable and interactive program (with a focus on pharmacology) will provide pediatric Primary Care Providers in Tennessee with training on screening and management of behavioral health conditions, assistance in finding community resources, and guidance on utilizing the TCAPES Psychiatry Consult Line. Associated resources include a bi-monthly one-hour ECHO learning collaborative. This project is funded through a grant with the Tennessee Department of Health.



BeHiP Foster Care Medical Home (FCMH)

This 5-hour program focuses on many of the topics mentioned above with a specific focus on children in foster care, with the goal of becoming a FCMH. Key topics include navigation of the Department of Children's Services system connecting with local DCS staff. BeHiP provides ongoing support and resources such as a bi-monthly one-hour ECHO learning collaborative, FCMH toolkit, and quarterly check-ins. This project is funded through a grant with BlueCare Tennessee.



All BeHiP programs offer CME credit and an optional QI project accredited with MOC Part IV.

Tennessee Chapter

INCORPORATED IN TENNESSEE

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



Learning Collaboratives

TCAPES ECHO

This group meets virtually bi-monthly for peer-to-peer discussion on a variety of topics regarding complex behavioral and mental health concerns.



Foster Care Medical Home (FCMH) ECHO

This group meets virtually bi-monthly to discuss the care of children in state custody who present with behavioral health issues, including trauma and physical abuse in the primary care setting and effective psycho-pharmacology management.



BeHiP QI Project Earn MOC Part 4 Credit

Requirements

- Participate in a BeHiP office/regional training
- Attend Quality Improvement Training
- Develop practice QI team
- Use 'Model for Improvement' for a minimum of 3 PDSA cycles
- Review monthly reports for a minimum of 4 data cycles
- Engage with the QI team and stay informed of process improvement
- Submit Attestation Form to QI Coach to receive 25 points of MOC Part 4

BeHiP Online Modules

- Introduction to Behavioral Health in Pediatrics
- Postpartum Depression
- Disruptive Behavior
- Inattention: Pediatric Symptom Checklist
- Anxiety: Screen for Child Anxiety Related Disorders
- Depression: Modified Patient Health Questionnaire
- Substance Abuse
- Workflow & Coding

All online training modules provide CME credit and are available at no cost.

<https://www.tnaap.org/programs/behip/online-training-modules>

Have questions? Want to schedule a training?

TCAPES/FCMH

Amber Stroupe
BeHiP Program Manager
amber.stroupe@tnaap.org
(901) 626-0725

BeHiP 101

Grace Mayberry
BeHiP Training Coordinator
grace.mayberry@tnaap.org
(615) 715-1243

QI

Becky Brumley
Quality Coach
becky.brumley@tnaap.org
(615) 417-7638

Visit the Tennessee AAP website at www.tnaap.org!