



Behavioral Health in Pediatrics (BeHiP) Improvement Project

PROJECT SUMMARY

The Behavioral Health in Pediatrics (BeHiP) training program provides pediatric healthcare providers with tools and strategies to screen for, assess, and manage patients with emotional, behavioral and substance abuse concerns. It also encompasses strategies to provide for more efficient workflow (including information on coding), more effective care, and improved family and physician relationships.

BEHAVIORAL HEALTH IMPACT

Mental Health is becoming a larger portion of primary care pediatrics. One in five children in the United States have emotional symptoms causing impairment. More than half of U.S. children (66%) experience a traumatic event by the age of 16. These children persistently suffer from chronic disease and will make up half of the adults with mental illness. This underscores the importance of screening and addressing these problems in early childhood and adolescence. It also points to the opportunity to impact change in childhood disease and prevent significant adult morbidity by improving our recognition and treatment in childhood.

PROJECT AIM

The pediatric practice will increase screening for the identified behavioral health concern (Depression or Substance Abuse) by 10% over a 12-month period.

PROJECT STRUCTURE

Providers may attend an in-person Regional BeHiP training or participate in an in-office training

The QI Team and the other members of the practice will begin working on implementing at least one (1) of the recommended process changes:

- Implement a Validated Anxiety/Depression Screening annually from 11 years and older (Pediatric Symptom Checklist PSC-17, Pediatric Symptom Checklist PSC-35, Screening for Child Anxiety Related Disorders SCARED, Patient Health Questionnaire PHQ-9)



Personalized Support to Practice

- Complete Quality Improvement training with all staff
- Review quality improvement capability and support practice QI Team construction/augmentation
- Train QI Team on project requirements, data collection and analysis
- Walk QI Team through initial PDSA Cycle on QI team infrastructure, ability to query data in claims/EMR
- Create Run Charts from submitted data
- Assist QI Team in practice work flow process mapping
- Provide MOC Part IV credit

BeHiP QI Project Earn MOC Part 4 Credit

Requirements

- Participate in a BeHiP office/regional training
- Attend Quality Improvement Training
- Develop practice QI team
- Use 'Model for Improvement' for a minimum of 3 PDSA cycles
- Review monthly reports for a minimum of 4 data cycles
- Engage with the QI team and stay informed of process improvement
- Submit Attestation Form to QI Coach to receive 25 points of MOC Part 4

CONTACT

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