



## Behavioral Health in Pediatrics (BeHiP) *Quality Improvement Project*

### Why is the BeHiP QI Project needed?

Mental Health is becoming a larger portion of primary care pediatrics. One in five children in the United States have emotional symptoms causing impairment. More than half of U.S. children (66%) experience a traumatic event by the age of 16. These children persistently suffer from chronic disease and will make up half of the adults with mental illness. This underscores the importance of screening and addressing these problems in early childhood and adolescence. It also points to the opportunity to impact change in childhood disease and prevent significant adult morbidity by improving our recognition and treatment in childhood.

### What's included?

The Behavioral Health (BeHiP) training program provides pediatric healthcare providers with tools and strategies to screen for, assess, and manage patients with emotional, behavioral and substance abuse concerns. It also encompasses strategies to provide for more efficient workflow (including information on coding), more effective care, and improved family and physician relationships.

### What's our goal?

The pediatric practice will increase screening for the identified behavioral health concern (Depression or Substance Abuse) by 10% over a 12-month period.

### How can YOU get involved?

- Complete BAA with TNAAP
- Participate in quality improvement training
- Participate in BeHiP Training
- Establish a QI Team
- Implement validated screening tool for depression or substance use
- Run data reports on the EMR monthly
- Review monthly data reports
- Implement evidence-based process changes
- Use the Model for Improvement with a minimum of four Plan, Do, Study, Act cycles to implement chosen process changes
- Participate in at least two coaching sessions with the Quality Coach

### Personalized Support to Practice

- Monthly analysis of Data
- Run Charts of Progress
- Periodic check-ins with practices by phone
- Assistance with Plan, Do, Study Act cycles
- Onsite consultation as needed

These trainings and resources are provided free of charge!

**ENROLL TODAY!**

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