

Venue: Franklin Marriott Cool Springs
700 Cool Springs Blvd, Franklin, TN 37067



Hotel Amenities

- Luxury Rooms
- Heated Indoor Pool
- 24-hour Fitness Center
- Executive Lounge
- On-Site Dining at Stave Regional Kitchen & Bar

Hotel Accommodations

A room block has been reserved for TSPC attendees at a discounted group rate.

Group Rate: \$169/night (plus tax)
Check-in: Friday, August 14, 2026
Check-out: Sunday, August 15, 2026
Cut-off Date: Rooms must be booked by July 24 to receive the group rate.



Tennessee Chapter

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®

RSVP for TSPC



Book Hotel Room

TENNESSEE STATE PEDIATRIC CONFERENCE

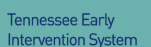
KICKING OFF HEALTHY FUTURES

SCORING BIG FOR KIDS' HEALTH



Tennessee Chapter
OF THE AMERICAN ACADEMY OF PEDIATRICS
INCORPORATED IN TENNESSEE

FRANKLIN MARRIOTT COOL SPRINGS
AUGUST 14-15, 2026



2026 TSPC Agenda

FRIDAY, AUGUST 14

5:00 - 7:00pm Networking Welcome Reception, Resident/Student Posters & Trivia

SATURDAY, AUGUST 15

7:30 - 7:55am Breakfast/Exhibitor session

7:55 - 8:00am Title Sponsor Presentation

8:00 - 8:10am Conference Medical Directors Welcome - *Carlenda Smith, MD, FAAP and Jason Yaun, MD, FAAP*, Past TNAAP Presidents

8:10 - 9:05am “Understanding Legal and Ethical Aspects of Adolescent Health Care: Tennessee and US Perspectives” *Abigail English, JD*

9:10 – 9:55am “Are the Physes our Friend? An Introduction to Pediatric & Adolescent Sports Injuries” *Alex Diamond, DO, MPH, FAAP, FAMSSM*

9:55 - 10:00am Title Sponsor Presentation

10:00- 10:20am Morning Exhibitor session

10:20 - 11:05am “Anxiety in the Pediatric Athletes” *Katherine S Spencer, PsyD, HSP*

11:10 – 11:55am Awards

12:00 - 1:00pm Lunch/Annual Meeting

1:00 – 1:10pm Break

1:15 –2:00pm Breakout Sessions:

- “Adolescent STIs: Screening, Diagnosis and Confidential Care” *Debra Braun-Courville, MD*
- “Cardiac Care of the Young Athlete” *English C. Flack, MD, MS*
- “More Than the Game: When the Scoreboard Becomes a Mirror” *Arie Nettles, PhD, NCSP, HSP*

2:05 – 2:50pm Breakout Sessions

2:50 - 3:00pm Title Sponsor Presentation

3:00 - 3:15pm Afternoon Exhibitor session

3:15 – 4:00pm “Beyond the Wheeze: Differentiating Asthma, EILO, and Deconditioning in Young Athletes” *Diana Quintero, MD*

4:05 – 4:50pm “Adolescent Nutrition” *Mark Corkins, MD., CNSC, FASPEN, AGAF, FAAP*

4:50 - 5:00pm Prizes

2026 TSPC Speakers



Abigail English, JD is a nationally recognized attorney, researcher, and advocate focused on adolescent and young adult health policy. She founded the Center for Adolescent Health & the Law in 1999 and has spent her career advancing youth access to health care, with expertise in consent, confidentiality, sexual and reproductive health, human trafficking, and health insurance. She has taught at UC Berkeley School of Law, the Goldman School of Public Policy, and the Gillings School of Global Public Health. She currently serves as a consultant for the National Center for Youth Law and Senior Policy Fellow for the Society for Adolescent Health and Medicine.



Alex B. Diamond, DO, MPH, FAAP, FAMSSM is Director of the Vanderbilt Youth Sports Health Center and a professor at Monroe Carell Jr. Children's Hospital at Vanderbilt. A nationally recognized leader in youth sports medicine, he serves as a team physician for local high schools, Vanderbilt University, and the Nashville Predators. Dr. Diamond created the Tennessee Safe Stars Initiative, the nation's first youth sports safety rating system, and is a leading advocate for injury prevention and athlete safety. He has authored more than 50 publications and has helped advance youth sports safety legislation across Tennessee.



Katie Spencer, PsyD, HSP is a licensed clinical psychologist and Associate Professor of Clinical Pediatrics at Vanderbilt University Medical Center. She serves in the Department of Pediatrics and Division of Psychology at Monroe Carell Jr. Children's Hospital at Vanderbilt, where she provides behavioral health consultation and support for hospitalized children and adolescents and co-directs the Mental and Behavioral Health Resident Rotation. With more than 15 years of experience in pediatric psychology, Dr. Spencer specializes in helping children, adolescents, and young adults navigate developmental, emotional, and behavioral challenges related to medical conditions. She has a special interest in working with young athletes, focusing on anxiety, injury recovery, concussion management, chronic pain, and successful return-to-sport outcomes.



Dr. Debra Braun-Courville is a board-certified pediatrician and adolescent medicine physician at the Vanderbilt University Medical Center. She graduated from The Albert Einstein College of Medicine of Yeshiva University in 2002 and completed her post-graduate training in New York City at The New York-Presbyterian Morgan Stanley Children's Hospital and The Mount Sinai Medical Center. She has clinical interests in young women's health as well as preventive care for adolescents and young adults. Dr. Braun-Courville is the fellowship program director for Adolescent Medicine at the Vanderbilt University Medical Center with scholarly interests in medical education, quality improvement and electronic medical record access for adolescents and families.



English C. Flack, MD, MS is an Associate Professor of Pediatrics in the Division of Pediatric Cardiology at Monroe Carell Jr. Children's Hospital at Vanderbilt. Dr. Flack is the founder and Medical Director of the Middle Tennessee affiliate of Project ADAM, which helps schools and communities prepare for sudden cardiac arrest through CPR and AED readiness. She co-developed Tennessee's Smart Heart Act, signed into law in 2024, and serves on the NFL Smart Heart Coalition to advance policies that prevent sudden cardiac arrest deaths. A leader in sports cardiology, Dr. Flack serves as cardiologist for the Vanderbilt Youth Sports Health Center, Vanderbilt Athletics, and the Nashville Soccer Club organization.



Arie Nettles, PhD is a retired Professor of Clinical Pediatrics at Vanderbilt University, licensed psychologist, and nationally recognized leader in pediatric health equity. With more than 30 years of experience, she has championed care for children and adolescents with developmental disabilities, autism, craniofacial conditions, and chronic health disorders. Dr. Nettles founded the Office of Inclusion and Health Equity at Monroe Carell Jr. Children's Hospital at Vanderbilt, creating a model that has been adopted by children's hospitals across the country. A respected mentor, educator, and community advocate, her work has helped advance equity in healthcare, education, and public policy.



Diana R. Quintero, MD is a pediatric pulmonologist and Medical Director of Specialties at East Tennessee Children's Hospital, where she also serves as Director of the Cystic Fibrosis Center. She is an Affiliate Professor at University of Tennessee. Dr. Quintero earned her medical degree from Universidad del Valle School of Medicine, completed her pediatric residency at University of Illinois, and her pediatric pulmonology fellowship at Baylor College of Medicine. Prior to joining East Tennessee Children's Hospital, she served as Associate Professor of Pediatrics and Director of the Cystic Fibrosis Center at the Medical College of Wisconsin. Her clinical and academic work focuses on pediatric pulmonary medicine and improving outcomes for children with cystic fibrosis and other chronic respiratory conditions.



Mark Corkins, MD, FAAP, AGAF, CNSC is Division Chief of Pediatric Gastroenterology and Professor of Pediatrics at University of Tennessee Health Science Center and Le Bonheur Children's Hospital, where he holds the St. Jude Endowed Chair of Excellence in Pediatric Gastroenterology. A nationally recognized expert in pediatric nutrition and gastroenterology, Dr. Corkins has served on numerous leadership committees, including the American Academy of Pediatrics Committee on Nutrition, which he chaired from 2021–2026. He is the editor of several nutrition textbooks, author of numerous scientific publications, and helped develop the current definition of pediatric malnutrition. His work focuses on advancing nutrition support and improving outcomes for children with gastrointestinal and nutritional disorders.